


Lowell Senior Neighbors Senior Dining Center

Monday	Tuesday	Wednesday	Thursday	Friday
	8/1/2017 Goulash Caesar Salad Texas Toast Fruit Cup	8/2/2017 Potato Crunch Pollock Mixed Vegetables Coleslaw Dinner Roll Banana	8/3/2017 Chicken Breast Sandwich Red Potato Salad Sliced Watermelon National Watermelon Day	8/4/2017 Taco Salad Pasta Salad Fresh Melon Pieces
	8/7/2017 Chicken Tenders Potato Salad Corn on the Cob Dinner Roll Fresh Orange	8/8/2017 Polish Sausage Sauerkraut Red Potato Salad Fruit Cup	8/9/2017 Asian Chicken Salad Pasta Salad Muffin Melon Pieces	8/10/2017 Sweet & Sour Chicken Rice Tossed Salad Fortune Cookie Banana
8/14/2017 Grilled Chicken Breast Baby Baker Potatoes Malibu Blend Vegetables Dinner Roll Fruit Cup	8/15/2017 BBQ Pulled Pork Sandwich Baked Beans Coleslaw Fresh Apple	8/16/2017 100% Beef Hot Dog Tator Tots Three Bean Salad Cantaloupe	8/17/2017 Baked Cod Baby Baker Potatoes Broccoli Dinner Roll Banana	8/18/2017 Turkey Burger w/ Fixings Potato Wedges Cucumber Tomato Salad Fruit
8/21/2017 Roast Turkey w/ Stuffing & Gravy Sweet Potatoes Corn Fruit Cup National Senior Citizen Day	8/22/2017 Hamburger w/ Fixings Potato Salad Pickled Beets Fresh Orange	8/23/2017 Oven Fried Chicken Corn on the Cob Broccoli Raisin Salad Dinner Roll Watermelon	8/24/2017 Turkey Ham & Provolone Sandwich Thin Broccoli Cheddar Soup Tossed Salad Banana	8/25/2017 Swiss Steak Mashed Potatoes & Gravy Green Beans Cornbread Grapes
8/28/2017 Crumb Baked Salmon Baby Baker Potatoes Whole Green Beans Fruit Cup	8/29/2017 Baked Chicken Quarters Cheesy Potatoes Malibu Blend Dinner Roll Fresh Apple	8/30/2017 Baked Potato Bar w/ Fixings Chicken Noodle Soup Tossed Salad Banana	8/31/2017 Chicken Caesar Salad Pasta Salad Grapes	