






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
						10/1/2017 Chicken Pasta Salad Beet & Onion Salad Animal Crackers Citrus Sections	
10/2/2017 Hard Boiled Eggs Black Bean Salad Fruit & Grain Bar Tropical Fruit	10/3/2017 Turkey & Cheddar Sandwich Thin Coleslaw Grapes	10/4/2017 Chef Salad Macaroni Salad Fruit & Grain Bar Melon Pieces	10/5/2017 Breakfast Bread Cottage Cheese Diced Peaches Fruit Punch	10/6/2017 Chicken Salad Fresh Vegetables w/ Dip Dinner Roll Mandarin Oranges	10/7/2017 Turkey Ham & Swiss Sandwich Thin Broccoli Cranberry Salad Pineapple	10/8/2017 Chicken Ranch Pasta Salad Pickled Beets Animal Crackers Citrus Sections	
10/9/2017 Roast Beef & Provolone Sandwich Thin Coleslaw Grapes	10/10/2017 Turkey Pasta Salad Creamy Cucumber Salad Cookie Tropical Fruit	10/11/2017 Egg Salad Sandwich Thin Baked Beans Mandarin Oranges	10/12/2017 Chicken Caesar Salad Pasta Salad Fruit & Grain Bar Fruited Jello	10/13/2017 Cheese Cubes Potato Salad Crackers Animal Crackers Diced Peaches	10/14/2017 Turkey & Cheddar Sandwich Thin Beet & Onion Salad Applesauce	10/15/2017 Bagel w/ Cream Cheese Cottage Cheese Pineapple Fruit Punch Juice	
10/16/2017 Chicken Salad Fresh Vegetables w/ Dip Dinner Roll Tropical Fruit	10/17/2017 Turkey Ham & Provolone Sandwich Thin Potato Salad Diced Peaches	10/18/2017 Harvest Salad Pasta Salad Fruit & Grain Bar Mandarin Oranges	10/19/2017 Breakfast Bread Cottage Cheese Pineapple Fruit Punch Juice	10/20/2017 Turkey Pasta Salad Broccoli Cauliflower Salad Animal Crackers Applesauce	10/21/2017 Roast Beef & Swiss Sandwich Thin Pickled Beets Tropical Fruit	10/22/2017 Hard Boiled Eggs Garbanzo Bean Salad Fruit & Grain Bar Fresh Grapes	
10/23/2017 Cheese Cubes Black Bean Salad Crackers Citrus Sections	10/24/2017 Chicken Ranch Pasta Salad Carrot Raisin Salad Cookie Tropical Fruit	10/25/2017 Bagel w/ Cream Cheese Cottage Cheese Mandarin Oranges Fruit Punch Juice	10/26/2017 Chef Salad Macaroni Salad Fruit & Grain Bar Pineapple	10/27/2017 Turkey Ham & Swiss Sandwich Thin Coleslaw Grapes	10/28/2017 Egg Salad Sandwich Thin Pea & Cheese Salad Mandarin Oranges	10/29/2017 Chicken Salad Fresh Vegetables w/ Dip Dinner Roll Diced Peaches	
10/30/2017 Hard Boiled Eggs Kidney Bean Salad Fruit & Grain Bar Citrus Sections	10/31/2017 Turkey Ham Pasta Salad Tomato Cucumber Salad Animal Crackers Tropical Fruit 	 MEALS ON WHEELS WESTERN MICHIGAN TOGETHER, WE CAN DELIVER.				Cold Menu 616-459-3111 All meals served with milk!	
		 MEALS ON WHEELS WESTERN MICHIGAN TOGETHER, WE CAN DELIVER.				 MEALS ON WHEELS WESTERN MICHIGAN TOGETHER, WE CAN DELIVER.	