


Sparta Senior Neighbors Senior Dining Center

Monday	Tuesday	Wednesday	Thursday	Friday
10/2/2017 Liver & Onions Mashed Potatoes & Gravy Southern Green Beans Dinner Roll Fresh Apple	10/3/2017 Grilled Chicken Breast Cheesy Potatoes Prince Charles Blend Dinner Roll Fresh Orange	10/4/2017 Hamburger w/ Fixings Corn Chowder Soup Broccoli Raisin Salad Banana	10/5/2017 Bourbon Chicken Brown Rice Seasoned Butter Beans Tossed Salad Fruit Salad	10/6/2017 Swiss Steak Mashed Potatoes & Gravy Green Beans Cornbread Grapes
10/9/2017 Country Fried Steak Mashed Potatoes & Gravy Malibu Blend Dinner Roll Fresh Orange	10/10/2017 Crumb Baked Salmon Baby Baker Potatoes Whole Green Beans Fresh Apple	10/11/2017 Baked Potato Bar Fixings Chili Tossed Salad Crackers Grapes	10/12/2017 Oven Fried Chicken Macaroni & Cheese Corn Broccoli Raisin Salad Banana	10/13/2017 3 Cheese Chicken Penne Prince Charles Blend Tossed Salad Fruit
10/16/2017 BBQ Chicken Thigh Homeade Potato Salad Green Beans Dinner Roll Fresh Orange	10/17/2017 Pizza Bread Stick Tossed Salad Fruit Cobbler	10/18/2017 Smothered Pork Cutlet Sweet Potatoes Braised Cabbage Cornbread Banana	10/19/2017 Chicken Caesar Salad Minestrone Soup Crackers Grapes	10/20/2017 * New Item * Beef Mostaccioli Malibu Blend Tossed Salad Fresh Apple
10/23/2017 Potato Crunch Pollock Buttered Peas Coleslaw Dinner Roll Banana	10/24/2017 Meatloaf Mashed Potatoes & Gravy Diced Carrots Dinner Roll Fresh Apple	10/25/2017 Sloppy Jo Sandwich Potato Wedges Broccoli Raisin Salad Fresh Orange	10/26/2017 Roast Pork w/ Gravy Baked Potato Malibu Blend Vegetables Dinner Roll Fruited Jello w/ Whipped Topping	10/27/2017 *New Item* Homemade Lasagna Broccoli Caesar Salad Texas Toast Fruit
10/30/2017 Turkey Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Dinner Roll Grapes	10/31/2017 Goulash Broccoli Halloween Caesar Salad Texas Toast Snicker Apple Salad	 October		