







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			3/1/2018 Roast Turkey Mashed Potatoes & Gravy Peas Dinner Roll	3/2/2018 Alaskan Stuffed Salmon Baked Potato Peas Animal Crackers Fresh Apple	3/3/2018 Swiss Steak Southern Greens Corn Corn Muffin Fruit Cup	3/4/2018 Cheese Omelet Turkey Sausage Red Potatoes Oatmeal Juice
			3/5/2018 Roast Beef Mashed Potatoes & Gravy Broccoli Dinner Roll Fresh Apple	3/6/2018 3 Cheese Chicken Penne Green Beans Carrots Fresh Orange	3/7/2018 Hamburger Broccoli Corn Banana	3/8/2018 Smothered Chicken Thigh Collard Greens Sweet Potatoes Corn Muffin Diced Peach Cup
3/12/2018 Spaghetti & Meatballs Broccoli Carrots Fresh Apple	3/13/2018 Turkey Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Dinner Roll Applesauce Cup	3/14/2018 Grilled Chicken Breast Brown & Wild Rice Sasoned Red Potatoes Italian Blend Vegetables Banana	3/15/2018 Shepherds Pie Broccoli Dinner Roll Fresh Orange	3/16/2018 Tuna Noodle Casserole Broccoli Diced Carrots Watergate Salad	3/17/2018 Scrambled Eggs Turkey Sausage Links Red Potatoes Oatmeal Orange Juice 	3/18/2018 Chicken Lasagna Brussel Sprouts Peas Mandarin Oranges
3/19/2018 Country Fried Steak Mashed Potatoes & Gravy Green Beans Fresh Apple	3/20/2018 Smothered Pork Cutlet Baked Potato Broccoli Dinner Roll Applesauce Cup 	3/21/2018 Fiesta Chicken Brown Rice Brussel Sprouts Corn Banana	3/22/2018 Chili Mac Cauliflower Peas Fruit Punch Juice	3/23/2018 Potato Crunch Pollock Lima Beans Red Potatoes Fresh Orange	3/24/2018 Chicken Cordon Bleu Mashed Red Potatoes Corn Diced Peach Cup	3/25/2018 Chef's Special
3/26/2018 Meatloaf Mashed Potatoes & Gravy Carrots Dinner Roll Banana	3/27/2018 Roast Pork w/ Gravy Sweet Potatoes Broccoli Dinner Roll Pineapple Cup	3/28/2018 Chicken Tenders Roasted Red Potatoes Corn Fresh Orange	3/29/2018 Chicken & Rice Bake Cauliflower Italian Blend Vegetables Applesauce Cup	3/30/2018 Tilapia Brown & Wild Rice Red Potatoes Green Beans Fresh Apple	3/31/2018 Scrambled Eggs Turkey Sausage Links Mini Pancakes Orange Juice	
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">  MEALS on WHEELS WESTERN MICHIGAN <small>TOGETHER, WE CAN DELIVER.</small> </div> <div style="text-align: center;"> <h2>Hearty Meals</h2> <h3>616-459-3111</h3> <h3>All meals served with milk!</h3> </div> <div style="text-align: center;">  MEALS on WHEELS WESTERN MICHIGAN <small>TOGETHER, WE CAN DELIVER.</small> </div> </div>						