

## MEALS ON WHEELS WESTERN MICHIGAN

## **Sparta Senior Neighbors Senior Dining Center**

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Monday	Tuesday	Wednesday	Thursday	Friday
4/2/2018	4/3/2018	4/4/2018	4/5/2018	4/6/2018
Ham	Swiss Steak w/ Gravy	Fish Sandwich	BBQ Chicken Quarters	Grilled Chicken
Roasted Sweet Potatoes	Mashed Potatoes	Broccoli Cheddar Soup	Baked Potato	Brown & Wild Rice
Fresh Asparagus	California Blend	Coleslaw	Peas	Prince Charles Blend
Hawaiian Roll/ Apple	Cornbread	Crackers	Dinner Roll	Tossed Salad
Carrot Cake	Orange	Banana	Fresh Apple	Fruit
4/9/2018	4/10/2018	4/11/2018	4/12/2018	4/13/2018
3 Cheese Chicken Penne	Sloppy Jo's	Sliced Turkey w/	Crumb Baked Salmon	Pork Chopette
Mixed Vegetables	Potato Wedges	Stuffing & Gravy	Baked Potato	Augratin Potatoes
Broccoli	Coleslaw	Sweet Potatoes	Tossed Salad	Southern Green Beans
Fresh Orange	Fresh Apple	Brussel Sprouts	Dinner Roll	Dinner Roll
		Banana	Fruited Jello w/	Fruit
			Whipped Topping	
4/16/2018	4/17/2018	4/18/2018	4/19/2018	4/20/2018
Turkey Meatloaf w/ Gravy	Baked Chicken Quarter	Tater Tot Casserole	Hamburger w/ Fixings	Chicken Lasagna
Mashed Potatoes	Baked Potato	Tossed Salad	Tomato Soup	California Blend
Mixed Vegetables	Spinach	Dinner Roll	Potato Salad	Caesar Salad
Prince Charles Blend	Dinner Roll	Banana	Crackers	Texas Toast
Dinner Roll	Fresh Apple		Ambrosia	Fruit
Fresh Orange				
4/23/2018	4/24/2018	4/25/2018	4/26/2018	4/27/2018
Smothered Pork Cutlet	Mushroom Chicken	Baked Potato Bar	Potato Crunch Pollock	Liver & Onion/ Salisbury
Mashed Potatoes	Stuffing w/ Gravy	Chili	Potato Wedges	Mashed Potatoes w/ Gravy
Broccoli	Mixed Vegetables	Tossed Salad	Coleslaw	Seasoned Green Beans
Dinner Roll	Braised Cabbage	Crackers	Fruited Jello w/	Dinner Roll
Fresh Apple	Fresh Orange	Banana	Whipped Topping	Fruit
4/30/2018				
Roast Pork w/ Gravy				

Sweet Potatoes Stewed Tomatoes Cornbread Fresh Apple





