


Lowell Senior Neighbors Senior Dining Center

Monday	Tuesday	Wednesday	Thursday	Friday
7/2/2018 Fiesta Chicken w/ Brown Rice Brussel Sprouts Corn Fresh Apple	7/3/2018 Pulled Pork Coleslaw Tater Tots Strawberry Shortcake	7/4/2018  Happy 4th of July! Site Closed	7/5/2018 Potato Crunch Pollock Seasoned Red Potatoes Broccoli Dinner Roll/ Orange	7/6/2018 Oven Fried Chicken Corn on the Cob Broccoli Cranberry Salad Corn Muffin/ Fruit National Fried Chicken Day
7/9/2018 Breaded Chicken Sandwich Creamy Cucumber Salad Potato Salad Fruited Jello w/ Whipped Topping	7/10/2018 Roast Beef w/ Gravy Mashed Potatoes Prince Charles Blend Dinner Roll Fresh Orange	7/11/2018 Spinach Salad w/ Chicken Pasta Salad Muffin Banana	7/12/2018 BBQ Chicken Quarter Baked Beans Tossed Salad Cornbread Fresh Melon	7/13/2018 Turkey & Cheddar Sandwich Broccoli Cheddar Soup Tossed Salad Crackers Fruit
7/16/2018 Chicken Cordon Bleu Mashed Red Potatoes Prince Charles Blend Fruited Jello w/ Whipped Topping	7/17/2018 Breaded Fish Sandwich Mixed Vegetables Coleslaw Fresh Orange	7/18/2018 Roast Beef Wrap Broccoli Cranberry Salad Banana	7/19/2018 100% Beef Hot Dog Potato Salad Pickled Beets Watermelon National Hot Dog Day	7/20/2018 Cheese Omelet Turkey Sausage Has Brown Patty Homemade Muffin Fresh Cut Melon Breakfast For Lunch
7/23/2018 Pork Chopette Augratin Potatoes Corn on the Cob Fresh Grapes	7/24/2018 Crumb Baked Salmon Roasted Red Potatoes Seasoned Green Beans Dinner Roll Fresh Orange	7/25/2018 Sloppy Jo's Potato Wedges Coleslaw Banana	7/26/2018 Chicken Salad Croissant Broccoli Cranberry Salad Fresh Cut Melon	7/27/2018 Annual Senior Neighbors Picnic
7/30/2018 BBQ Chicken Thigh Mixed Vegetables Coleslaw Cornbread Fresh Grapes	7/31/2018 Salisbury Steak w/ Gravy Mashed Potatoes Seasoned Green Beans Dinner Roll Fresh Orange	