

Grand Rapids Senior Neighbors Senior Dining Center

Jenior Bining Center				
Monday	Tuesday	Wednesday	Thursday	Friday
10/1/2018	10/2/2018	10/3/2018	10/4/2018	10/5/2018
Breaded Pork Chop	Crumb Baked Salmon	Chicken Patty	Tacos	Spaghetti & Meatballs
Garlic Mashed Red Potatoes	Roasted Red Potatoes	Potato Wedges	Fiesta Corn	Broccoli
Italian Blend Vegetables	Seasoned Green Beans	Coleslaw	Refried Beans Warm tare	Caesar Salad
Fresh Apple	Dinner Roll	Banana	Com	Garlic Toast
	Fruited Jello		National Taco Day	Fruit
10/8/2018	10/9/2018	10/10/2018	10/11/2018	10/12/2018
BBQ Chicken Thigh	Sloppy Jo	Baked Potato Bar	Turkey Meatloaf	Roast Beef w/ Gravy
Augratin Potatoes	Tater Tots	Chili	Garlic Mashed Red Potatoes	Sweet Potatoes
Seasoned Green Beans	Coleslaw	Tossed Salad	Glazed Carrots	Brussel Sprouts
Dinner Roll	Fresh Orange	Homemade Muffin	Dinner Roll	Dinner Roll
Applesauce Cup	_	Banana	Fruited Jello w/	Fruit
			Whipped Topping	
10/15/2018	10/16/2018	10/17/2018	10/18/2018	10/19/2018
Tuna Noodle Casserole	Pulled BBQ Chicken	Baked Pollock	Homemade Oven Fried Chicken	Roast Pork w/ Gravy
Corn	Roasted Red Potatoes	Baked Beans	Homemade Mac & Chees	Baked Sweet Potato
Broccoli	Peas	Baby Carrots	Southern Green Beans	Broccoli
Homemade Applesauce	Fresh Apple	Dinner Roll	Coleslaw	Sweet Corn Muffin
		Banana	Fresh Orange	Fruit
10/22/2018	10/23/2018	10/24/2018	10/25/2018	10/26/2018
Hamburger	Lasagna	Cheese Pizza	Smothered Pork Cutlet	Mushroom Chicken
Baked Beans	Cauliflower	Broccoli	Baked Potato	Stuffing
Coleslaw	Caesar Salad	Tossed Salad	Green Beans	Corn
Fresh Apple	Texas Toast	Banana	Dinner Roll	Brussel Sprouts
	Fresh Orange		Ambrosia	Fruit
10/29/2018	10/30/2018	10/31/2018		<u> </u>
100% Beef Hot Dog	Liver & Onions or	Cheese Quesadilla		
Potato Salad	Salisbury Steak	Witches Stew		
Marinated Vegetables	Mashed Potatoes	Crackers		シナナス
Fresh Apple	Tossed Salad	Tossed Salad HAPPY		でして
	Dinner Roll			
	Fresh Orange	HALLOWEEN		