



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
<b>10/1/2018</b> Smothered Chicken Thigh Collard Greens Sweet Potatoes Corn Muffin Diced Peach Cup	<b>10/2/2018</b> Crumb Baked Salmon Roasted Red Potatoes Peas Fresh Orange	<b>10/3/2018</b> Hamburger Broccoli Corn Banana	<b>10/4/2018</b> Breaded Pork Chop Baby Lima Beans Winter Squash Applesauce Cup	<b>10/5/2018</b> Roast Turkey Breast Mashed Potatoes w/ Gravy Peas Dinner Roll Fresh Grapes	<b>10/6/2018</b> Beef & Cheese Burrito Fiesta Corn Broccoli Mixed Fruit Cup	<b>10/7/2018</b> Cheese Omelet Turkey Sausage Red Potatoes Bran Flakes Applesauce	
<b>10/8/2018</b> Oven Fried Chicken Mixed Vegetables Spinach Fresh Orange	<b>10/9/2018</b> Goulash Corn Peas Pineapple Cup	<b>10/10/2018</b> Macaroni & Cheese Lima Beans Cauliflower Fruit Punch	<b>10/11/2018</b> Turkey Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Dinner Roll Fresh Apple	<b>10/12/2018</b> Roast Beef w/ Gravy Mashed Potatoes Broccoli Dinner Roll Applesauce Cup	<b>10/13/2018</b> Scrambled Eggs Turkey Sausage Links Red Potatoes Oatmeal Orange Tangerine Juice	<b>10/14/2018</b> Vegetable Lasagna Black Beans Cauliflower Fresh Orange	
<b>10/15/2018</b> Tuna Noodle Casserole Broccoli Diced Carrots Fresh Orange	<b>10/16/2018</b> Fiesta Chicken Brown Rice Brussel Sprouts Corn Banana	<b>10/17/2018</b> Potato Crunch Pollock Lima Beans Red Potatoes Pineapple Cup	<b>10/18/2018</b> BBQ Chicken Thigh Broccoli Mixed Vegetables Dinner Roll Applesauce Cup	<b>10/19/2018</b> Salisbury Steak Baked Potato Peas Dinner Roll Fresh Apple	<b>10/20/2018</b> Mini Pancakes Turkey Sausage Links Scrambled Eggs Orange Juice	<b>10/21/2018</b> Chicken Cordon Bleu Mashed Red Potatoes Corn Fruit Punch	
<b>10/22/2018</b> Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Fresh Orange	<b>10/23/2018</b> Alaskan Stuffed Salmon Sweet Potato Peas Mixed Fruit Cup	<b>10/24/2018</b> Grilled Chicken Breast Brown & Wild Rice Seasoned Red Potatoes Italian Blend Vegetables Banana	<b>10/25/2018</b> Smothered Pork Cutlet Baked Potato Broccoli Dinner Roll Mandarin Orange Cup	<b>10/26/2018</b> Mushroom Chicken Brown Rice Carrots Peas Fresh Apple	<b>10/27/2018</b> <b>Chef's Special</b>	<b>10/28/2018</b> Hamburger Broccoli Corn Fruit Punch Juice	
<b>10/29/2018</b> Chicken Tenders Roasted Red Potatoes Corn Fresh Orange	<b>10/30/2018</b> Roast Pork w/ Gravy Sweet Potatoes Broccoli Dinner Roll Applesauce Cup	<b>10/31/2018</b> Tilapia Brown & Wild Rice Red Potatoes Green Beans Banana 					



## Hearty Meals

616-459-3111

All meals served with milk!

