



Service Information: In 2017 Meals on Wheels Western Michigan...

- Served 6,528 unduplicated seniors through our programs
 - 773 of which were Veterans
- Provided 547,816 **Meals on Wheels** to 2,972 home bound older adults
- Served 91,488 Nutritious Lunches at our **Dining Sites** to 1,859 seniors
- Distributed over 1 million pounds of food at our **Senior Pantries** to 1,995 seniors.
- Distributed **Senior Project Fresh** coupons for locally grown fruits and vegetables to 432 older adults

Also...

- We had 23 emergency assists, 154 well-being concerns, and 24 Adult Protective Services referrals.
- Our volunteers provided 42,060 hours of service to our programs, valued at \$374,329.

Statistics:

- Nationally, 1 in 6 seniors struggles with hunger
 - 536,896 seniors are isolated and living alone
 - 296,704 seniors are threatened by hunger
 - 581,073 seniors are living in or near poverty
- 73% of our clients are low income and 50% live alone
- 83% say Meals on Wheels improves their health
- 92% say Meals on Wheels enables them to remain living at home
- 87% say Meals on Wheels makes them feel more safe and secure
- 80% of Senior Pantry clients say their eating habits have improved

Cost Savings:

- Meals on Wheels programs decrease the rates of seniors falling
 - Falls cost our nation \$34 billion each year
- **1 meal a day** for a year costs the same as **1 day** in a hospital
- **1 year** of feeding a senior is the same as the cost for **less than 10 days** in a nursing home



FRIENDLY VISIT



NUTRITIOUS MEAL



SAFETY CHECK