

## MEALS ON WHEELS WESTERN MICHIGAN

## **United Methodist Community House Senior Dining Center**

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Monday	Tuesday	Wednesday	Thursday	Friday
1/1/2017	1/2/2017	1/3/2017	1/4/2017	1/5/2017
	Hamburger w/ Fixins	Grilled Chicken Breast	Spaghetti & Meatballs	Roast Pork w/ Gravy
	Tator Tots	Baby Baker Potatoes	Caesar Salad	Mashed Potatoes
	Broccoli	Prince Charles Blend	Texas Toast	Greens
330 44 9 003	Fresh Apple	Dinner Roll	Grapes	Cornbread
Site Closed		Fresh Orange		Fruited Jello
1/8/2017	1/9/2017	1/10/2017	1/11/2017	1/12/2017
Ham	Meatloaf	Baked Potato Bar	Roast Beef w/ Gravy	Chicken & Noodles
Sweet Potatoes	Mashed Potatoes w/ Gravy	Chili	Cheesy Potatoes	Malibu Blend
Braised Cabbage	Carrots	Tossed Salad	Broccoli	Tossed Salad
Dinner Roll	Dinner Roll	Banana	Dinner Roll	Grapes
Fresh Apple	Fresh Orange		Fruited Jello w/	·
			Whipped Topping	
1/15/2017	1/16/2017	1/17/2017	1/18/2017	1/19/2017
_*** <u>_</u>	Baked Cod	Turkey Knuckles	Hamburger w/ Fixins	Goulash
MARTIN LUTHER	Baby Baker Potatoes	Butter Beans	Bean Soup w/ Ham	Broccoli
KING JR. DAY	Prince Charles Blend	Tossed Salad	Tossed Salad	Caesar Salad
****	Dinner Roll	Corrnbread	Banana	Fruited Jello w/
	Fresh Apple	Fresh Orange		Whipped Topping
Site Closed				
1/22/2017	1/23/2017	1/24/2017	1/25/2017	1/26/2017
BBQ Chicken Thigh	Hot Dog	Potato Crunch Pollock	Pizza	Liver & Onions/ Salisbury
German Potato Salad		Potato Wedges	Mixed Vegetables	Brown Rice
Spinach	Broccoli Cauliflower Salad	Coleslaw	Tossed Salad	Southern Green Beans
Cornbread	Fresh Orange	Dinner Roll	Fruited Jello w/	Tossed Salad
Fresh Apple		Banana	Whipped Topping	Fresh Michigan Apple
1/29/2017	1/30/2017	1/31/2017		
Scalloped Potatoes w/ Ham	Oven Fried Chicken	Lasagna		4 -
Malibu Blend	Mixed Vegetables	Caesar Salad	55000	
Dinner Roll	Coleslaw	Texas Toast		
Fresh Apple	Biscuit	Ambrosia		
• •	Sliced Peaches			
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