

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

XOXO  
**FEBRUARY**  
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**2/1/2019**  
Swiss Steak w/ Gravy  
Mashed Potatoes  
Stewed Tomatoes  
Dinner Roll  
Fruit

**2/4/2019**  
Country Fried Steak w/ Gravy  
Baked Sweet Potato  
Braised Cabbage  
Fresh Apple

**2/5/2019**  
Sloppy Jo's  
Tator Tots  
Coleslaw  
Strawberry Cup w/  
Whipped Topping

**2/6/2019**  
Grilled Chicken Breast  
Brown & Wild Rice  
Seasoned Red Potatoes  
Italian Blend Vegetables  
Banana

**2/7/2019**  
Cheese Pizza  
Broccoli  
Tossed Salad  
Fruited Jello w/  
Whipped Topping

**2/8/2019**  
Broccoli Stuffed Chicken  
Mashed Red Potatoes  
Prince Charles Blend  
Fruit

**2/11/2019**  
Meatloaf w/ Gravy  
Seasoned Winter Squash  
Green Beans  
Dinner Roll  
Strawberry Cup w/  
Whipped Topping

**2/12/2019**  
BBQ Chicken Thigh  
Mixed Vegetables  
Broccoli  
Dinner Roll  
Fresh Apple

**2/13/2019**  
Chicken Tenders  
Homemade Mac & Cheese  
Seasoned Brussel Sprouts  
Corn  
Banana

**2/14/2019**  
Roast Pork w/ Gravy  
Baked Sweet Potato  
Italian Blend  
Dinner Roll  
Fruit Dessert



**2/15/2019**  
Lasagna  
Tossed Salad  
Garlic Toast  
Fruit

**2/18/2019**  
Roast Beef w/ Gravy  
Mashed Potatoes  
Southern Green Beans  
Dinner Roll  
Strawberry Cup w/  
Whipped Topping

**2/19/2019**  
Baked Pollock  
Baked Sweet Potato  
Peas  
Dinner Roll  
Fresh Apple

**2/20/2019**  
Goulash  
Corn  
Tossed Salad  
Banana

**2/21/2019**  
Fiesta Lime Chicken  
Brown Cilantro Rice  
Diced Carrots  
Cauliflower  
Fruited Jello w/  
Whipped Topping

**2/22/2019**  
Hamburger w/ Fixings  
Soup D Jour  
Potato Salad  
Crackers  
Fruit

**2/25/2019**  
Shepherd's Pie  
Seasoned Brussel Sprouts  
Dinner Roll  
Fresh Apple

**2/26/2019**  
Baked Spaghetti  
Broccoli  
Garlic Toast  
Strawberry Cup w/  
Whipped Topping

**2/27/2019**  
Chicken & Mashed  
Potato Bowl  
Banana

**2/28/2019**  
Baked Potato Bar  
Chili  
Tossed Salad  
Muffin  
Crackers  
Ambrosia

