

Monday
Tuesday
Wednesday
Thursday
Friday

XOXO
FEBRUARY
♥

2/1/2019
Swiss Steak w/ Gravy
Mashed Potatoes
Mixed Greens
Dinner Roll
Fruit

2/4/2019
Country Fried Steak w/ Gravy
Baked Sweet Potato
Braised Cabbage
Fresh Apple

2/5/2019
Sloppy Jo's
Tator Tots
Coleslaw
Strawberry Cup w/
Whipped Topping

2/6/2019
Grilled Chicken Breast
Brown & Wild Rice
Seasoned Red Potatoes
Italian Blend Vegetables
Banana

2/7/2019
Cheese Pizza
Broccoli
Tossed Salad
Fruited Jello w/
Whipped Topping

2/8/2019
Broccoli Stuffed Chicken
Mashed Red Potatoes
Prince Charles Blend
Fruit

2/11/2019
Meatloaf w/ Gravy
Seasoned Winter Squash
Green Beans
Dinner Roll
Strawberry Cup w/
Whipped Topping

2/12/2019
BBQ Chicken Thigh
Mixed Vegetables
Broccoli
Dinner Roll
Fresh Apple

2/13/2019
Chicken Tenders
Homemade Mac & Cheese
Seasoned Brussel Sprouts
Corn
Banana

2/14/2019
Roast Pork w/ Gravy
Baked Sweet Potato
Mixed Greens
Cornbread
Fruit Dessert



2/15/2019
Lasagna
Tossed Salad
Garlic Toast
Fruit

2/18/2019
Roast Beef w/ Gravy
Mashed Potatoes
Southern Green Beans
Dinner Roll
Strawberry Cup w/
Whipped Topping

2/19/2019
Baked Pollock
Baked Sweet Potato
Peas
Dinner Roll
Fresh Apple

2/20/2019
Goulash
Corn
Tossed Salad
Banana

2/21/2019
Fiesta Lime Chicken
Brown Cilantro Rice
Diced Carrots
Cauliflower
Fruited Jello w/
Whipped Topping

2/22/2019
Hamburger w/ Fixings
Soup D Jour
Potato Salad
Crackers
Fruit

2/25/2019
Shepherd's Pie
Seasoned Brussel Sprouts
Dinner Roll
Fresh Apple

2/26/2019
Baked Spaghetti
Broccoli
Garlic Toast
Strawberry Cup w/
Whipped Topping

2/27/2019
Chicken & Mashed
Potato Bowl
Banana

2/28/2019
Baked Potato Bar
Chili
Tossed Salad
Muffin
Crackers
Ambrosia

