

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>MARCH</h1>					3/1/2019 Alaskan Stuffed Salmon Baked Potato Broccoli Fresh Apple	3/2/2019 Swiss Steak w/ Gravy Collard Greens Corn Mandarin Orange Cup Corn Muffin
3/3/2019 Scrambled Eggs Turkey Sausage Oatmeal Red Potatoes Fruit Punch	3/4/2019 Salisbury Steak w/ Gravy Baked Potato Peas Dinner Roll Fresh Orange	3/5/2019 Broccoli Stuffed Chicken Mashes Red Potatoes Green Beans Diced Peach Cup	3/6/2019 Potato Crunch Pollock Lima Beans Red Potatoes Banana	3/7/2019 Sliced Turkey w/ Gravy Homemade Stuffing Mashed Potatoes Green Beans Applesauce	3/8/2019 Homemade Mac & Cheese Cauliflower Lima Beans Fresh Apple	3/9/2019 Cheese Omelet Turkey Sausage Oatmeal Red Potatoes Orange Juice
3/10/2019 Chef's Special	3/11/2019 Country Fried Steak Mashed Potatoes Green Beans Fresh Apple	3/12/2019 Chicken Cordon Bleu Mashed Potatoes Corn Mixed Fruit Cup	3/13/2019 Grilled Chicken Breast Brown & Wild Rice Seasoned Red Potatoes Italian Blend Banana	3/14/2019 Smothered Pork Cutlet Baked Potato Broccoli Dinner Roll Mandarin Orange Cup	3/15/2019 Tuna Noodle Casserole Broccoli Diced Carrots Fresh Orange	3/16/2019 Mini Pancakes Turkey Sausage Links Scrambled Eggs Orange Juice
3/17/2019 Chili Baked Potato Broccoli Crackers Pineapple Cup	3/18/2019 Taco Pasta Bake Cauliflower Diced Carrots Fresh Orange	3/19/2019 BBQ Chicken Thigh Broccoli Mixed Vegetables Dinner Roll Fresh Apple	3/20/2019 Chicken Tenders Roasted Red Potatoes Corn Banana	3/21/2019 Roast Pork w/ Gravy Sweet Potatoes Broccoli Dinner Roll Pineapple Cup	3/22/2019 Crumb Baked Salmon Roasted Red Potatoes Peas Applesauce Cup	3/23/2019 Baked Spaghetti Brussel Sprouts Diced Carrots Fresh Apple
3/24/2019 Meatloaf w/ Gravy Mashed Potatoes Green Beans Dinner Roll Fresh Orange	3/25/2019 Roast Beef w/ Gravy Mashed Potatoes Broccoli Dinner Roll Fresh Apple	3/26/2019 Smothered Chicken Thigh Collard Greens Sweet Potatoes Corn Muffin Diced Peaches	3/27/2019 Goulash Peas Corn Banana	3/28/2019 Fiesta Lime Chicken Brown Cilantro Rice Brussel Sprouts Diced Carrots Applesauce Cup	3/29/2019 Vegetarian Lasagna Cauliflower Black Beans Mixed Fruit Cup	3/30/2019 Salisbury Steak w/ Gravy Baked Potato Peas Dinner Roll Fruit Cup
3/31/2019 Beef & Cheese Burrito Fiesta Corn Broccoli Fresh Orange	 MEALS on WHEELS WESTERN MICHIGAN TOGETHER, WE CAN DELIVER.					 MEALS on WHEELS WESTERN MICHIGAN TOGETHER, WE CAN DELIVER.
<h2>Hearty Meals</h2> <p>616-459-3111</p> <h3>All meals served with milk</h3>						

