

## Delaware Manor/ Heights Senior Dining Center

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|---|--|--|--|---|
| <b>9/2/2019</b><br>Site Closed<br> | <b>9/3/2019</b><br>Chicken Fritters<br>Potato Salad<br>Mixed Vegetables<br>Fresh Apple<br><b>No Salad Bar</b>        | <b>9/4/2019</b><br>Hot Dog<br>Tator Tots<br>Salad Bar<br>Fresh Orange  | <b>9/5/2019</b><br>Swiss Steak w/ Gravy<br>Mashed Potatoes<br>Salad Bar<br>Cornbread<br>Cantaloupe                               | <b>9/6/2019</b><br>Sloppy Jo<br>Potato Wedges<br>Salad Bar<br>Fruited Jello w/<br>Whipped Topping             |
| <b>9/9/2019</b><br>Turkey w/ Gravy<br>Homemade Stuffing<br>Mashed Potatoes<br>Salad Bar<br>Fresh Orange             | <b>9/10/2019</b><br>Pulled Pork Sandwich<br>Roasted Red Potatoes<br>Salad Bar<br>Pineapple                           | <b>9/11/2019</b><br>Potato Crunch Pollock<br>Homemade Mac & Cheese<br>Corn on the Cob<br>Salad Bar<br>Watermelon | <b>9/12/2019</b><br>Broccoli Stuffed Chicken<br>Mashed Red Potatoes<br>Salad Bar<br>Fruited Jello w/<br>Whipped Topping          | <b>9/13/2019</b><br>Salisbury Steak w/ Gravy<br>Baked Potato<br>Salad Bar<br>Dinner Roll<br>Grapes            |
| <b>9/16/2019</b><br>Meatloaf w/ Gravy<br>Mashed Potatoes<br>Salad Bar<br>Fresh Orange                               | <b>9/17/2019</b><br>BBQ Chicken Thigh<br>Brown Rice<br>Salad Bar<br>Mixed Vegetables<br>Fresh Apple                  | <b>9/18/2019</b><br>Tuna Noodle Casserole<br>Salad Bar<br>Banana   | <b>9/19/2019</b><br>Roast Pork w/ Gravy<br>Sweet Potatoes<br>Salad Bar<br>Dinner Roll<br>Ambrosia<br><b>Birthday Celebration</b> | <b>9/20/2019</b><br>Hamburger w/ Fixings<br>Corn on the Cob<br>Baked Beans<br>Fruit<br><b>No Salad Bar</b>    |
| <b>9/23/2019</b><br>Roast Beef w/ Gravy<br>Mashed Potatoes<br>Salad Bar<br>Dinner Roll<br>Fresh Apple               | <b>9/24/2019</b><br>Fiesta Lime Chicken<br>Brown Cilantro Rice<br>Cooked Baby Carrots<br>Salad Bar<br>Sliced Peaches | <b>9/25/2019</b><br>Baked Potato Bar w/<br>Toppings<br>Broccoli Cheese Soup<br>Salad Bar<br>Banana               | <b>9/26/2019</b><br>Smothered Pork Cutlet<br>Baked Potato<br>Salad Bar<br>Dinner Roll<br>Fresh Orange                            | <b>9/27/2019</b><br>Spaghetti w/ Meatsauce<br>Salad Bar<br>Texas Toast<br>Fruited Jello w/<br>Whipped Topping |

**9/30/2019**

Beef Stew  
 Salad Bar  
 Dinner Roll  
 Fresh Orange



# September