

## Lowell Senior Neighbors Senior Dining Center

Monday	Tuesday	Wednesday	Thursday	Friday
<b>9/2/2019</b> Site Closed 	<b>9/3/2019</b> Chicken Fritters Potato Salad Mixed Vegetables Fresh Apple	<b>9/4/2019</b> Hot Dog Tator Tots Seasoned Green Beans Fresh Orange	<b>9/5/2019</b> Swiss Steak w/ Gravy Mashed Potatoes Sauteed Spinach Cornbread Cantaloupe	<b>9/6/2019</b> Sloppy Jo Potato Wedges Coleslaw Fruited Jello w/ Whipped Topping
<b>9/9/2019</b> Turkey w/ Gravy Homemade Stuffing Mashed Potatoes Brussel Sprouts Fresh Orange	<b>9/10/2019</b> Pulled Pork Sandwich Roasted Red Potatoes Broccoli Pineapple	<b>9/11/2019</b> Potato Crunch Pollock Homemade Mac & Cheese Corn on the Cob Seasoned Green Beans Watermelon	<b>9/12/2019</b> Broccoli Stuffed Chicken Mashed Red Potatoes Italian Blend Vegetables Fruited Jello w/ Whipped Topping	<b>9/13/2019</b> Salisbury Steak w/ Gravy Baked Potato Peas Dinner Roll Grapes
<b>9/16/2019</b> Meatloaf w/ Gravy Mashed Potatoes Seasoned Green Beans Fresh Orange	<b>9/17/2019</b> BBQ Chicken Thigh Brown Rice Broccoli Mixed Vegetables Fresh Apple	<b>9/18/2019</b> Tuna Noodle Casserole Tossed Salad Banana	<b>9/19/2019</b> Roast Pork w/ Gravy Sweet Potatoes Broccoli Dinner Roll Ambrosia	<b>9/20/2019</b> Burrito Bake Fiesta Corn Broccoli Fresh Grapes
<b>9/23/2019</b> Roast Beef w/ Gravy Mashed Potatoes Broccoli Dinner Roll Fresh Apple	<b>9/24/2019</b> Fiesta Lime Chicken Brown Cilantro Rice Cooked Baby Carrots Cauliflower Sliced Peaches	<b>9/25/2019</b> Baked Potato Bar w/ Toppings Broccoli Cheese Soup Tossed Salad Banana	<b>9/26/2019</b> Smothered Pork Cutlet Baked Potato Seasoned Green Beans Dinner Roll Fresh Orange	<b>9/27/2019</b> Spaghetti w/ Meatsauce Tossed Salad Texas Toast Fruited Jello w/ Whipped Topping
<b>9/30/2019</b> Beef Stew Tossed Salad Dinner Roll Fresh Orange	 			