


Wayland United Methodist Senior Dining Center

Monday	Tuesday	Wednesday	Thursday	Friday
9/2/2019 	9/3/2019 Chicken Fritters Potato Salad Mixed Vegetables Fresh Apple	9/4/2019	9/5/2019 Swiss Steak w/ Gravy Mashed Potatoes Sautéed Spinach Cornbread Cantaloupe	9/6/2019
9/9/2019	9/10/2019 Pulled Pork Sandwich Roasted Red Potatoes Broccoli Pineapple	9/11/2019	9/12/2019 Broccoli Stuffed Chicken Mashed Red Potatoes Italian Blend Vegetables Fruited Jello w/ Whipped Topping	9/13/2019
9/16/2019	9/17/2019 BBQ Chicken Thigh Brown Rice Broccoli Mixed Vegetables Fresh Apple	9/18/2019	9/19/2019 Roast Pork w/ Gravy Sweet Potatoes Broccoli Dinner Roll Ambrosia Birthday Celebration	9/20/2019
9/23/2019	9/24/2019 Fiesta Lime Chicken Brown Cilantro Rice Cooked Baby Carrots Cauliflower Sliced Peaches	9/25/2019	9/26/2019 Smothered Pork Cutlet Baked Potato Seasoned Green Beans Dinner Roll Fresh Orange	9/27/2019

9/30/2019



September