

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <h1>October</h1> 				<b>10/1/2021</b> Oven Roasted Chicken Sweet Potatoes Sauteed Spinach Dinner Roll Banana	<b>10/2/2021</b> Turkey Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Fruit Juice	<b>10/3/2021</b> Cheese Omelet Turkey Sausage Red Potatoes Graham Crackers Spiced Peaches
				<b>10/4/2021</b> Sliced Turkey w/ gravy Stuffing Mashed Potatoes Seasoned Brussel Sprouts Fresh Orange	<b>10/5/2021</b> Swiss Steak w/ Gravy Mashed Red Potatoes Buttered Carrots Dinner Roll Apple	<b>10/6/2021</b> Tilapia Brown & Wild Rice Roasted Red Potatoes Seasoned Green Beans Banana
<b>10/11/2021</b> Salisbury Steak w/ Gravy Baked Potato Buttered Peas Whole Grain Roll Fresh Orange	<b>10/12/2021</b> Roast Pork w/ Gravy Sweet Potatoes Seasoned Green Beans Whole Grain Roll Fresh Apple	<b>10/13/2021</b> Southwest Chicken & Rice Casserole Fiesta Corn Broccoli Banana	<b>10/14/2021</b> Meatloaf w/ Gravy Mashed Potatoes Seasoned Green Beans Flavored Applesauce	<b>10/15/2021</b> Spaghetti w/ Meat Sauce Cauliflower Buttered Peas Banana	<b>10/16/2021</b> Sweet & Sour Chicken Brown Rice Oriental Blend Broccoli Banana	<b>10/17/2021</b> Crumb Baked Salmon Brown & Wild Rice Glazed Carrots Buttered Peas Fruit Juice
<b>10/18/2021</b> Smothered Pork Cutlet Stuffing Baked Potato Broccoli Apple	<b>10/19/2021</b> Vegetarian Chili Blackbeans & Rice Buttered Peas Orange	<b>10/20/2021</b> Beef Pepper Steak w/ Gravy Potatoes Obrien Broccoli Banana	<b>10/21/2021</b> Italian Marinade Chicken Rice California Blend Buttered Carrots Dinner Roll Applesauce Cup	<b>10/22/2021</b> Chicken Cordon Bleu Red Mashed Potatoes Seasoned Brussel Sprouts Banana	<b>10/23/2021</b> Cheese Omelet Turkey Sausage Red Potatoes Graham Crackers Spiced Peaches	<b>10/24/2021</b> Swiss Steak w/ Gravy Mashed Red Potatoes Buttered Carrots Dinner Roll Mandarin Oranges
<b>10/25/2021</b> Macaroni & Cheese Cauliflower Blackbeans & Corn Fresh Orange	<b>10/26/2021</b> BBQ Chicken Thigh Brown Rice Sauteed Spinach Mixed Vegetables Apple	<b>10/27/2021</b> Cabbage Roll Casserole Diced Carrots Buttered Peas Banana	<b>10/28/2021</b> Ginger Soy Flounder Brown Rice Pilaf Sweet Potatoes Buttered Peas Fruit Juice	<b>10/29/2021</b> Chicken Tenders Roasted Red Potatoes Corn Banana	<b>10/30/2021</b> Mini Pancakes Turkey Sausage Red Potatoes Fruit Juice	<b>10/31/2021</b> Hamburger Corn Broccoli Applesauce Cup 

**HAPPY HALLOWEEN**



**Hearty Meals**  
616-459-3111

**All meals served with milk**

