



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11/1/2021	11/2/2021	11/3/2021	11/4/2021	11/5/2021	11/6/2021	11/7/2021
Grilled Chicken Breast Brown & Wild Rice Roasted Red Potatoes Italian Blend Fresh Orange	Sloppy Jo's Baked Potato Mixed Vegetables Fresh Apple	Stuffed Pepper Casserole Asparagus Diced Carrots Banana	Swiss Steak w/ Gravy Mashed Red Potatoes Seasoned Brussel Sprouts Dinner Roll Fresh Apple	Oven Roasted Chicken Sweet Potatos Sauteed Spinach Dinner Roll Banana	Turkey Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Fruit Juice	Cheese Omelet Turkey Sausage Red Potatoes Graham Crackers Spiced Peaches Fruit Juice
11/8/2021	11/9/2021	11/10/2021	11/11/2021	11/12/2021	11/13/2021	11/14/2021
Sliced Turkey w/ Gravy Stuffing Mashed Potatoes Seasoned Brussel Sprouts Fresh Orange	Chicken Cordon Bleu Red Mashed Potatoes Seasoned Green Beans Banana	Homemade Beef Burrito Fiesta Corn Broccoli Diced Peaches	Tilapia Brown & Wild Rice Roasted Red Potatoes Seasoned Green Beans Raisins	Beef Pepper Steak w/ Gravy Baked Potato Broccoli Banana	Southwest Chicken & Rice Casserole Fiesta Corn Broccoli Banana	Spinach, Egg & Cheese Bake Roasted Pepper Strips Spiced Applesauce Fruit Juice
11/15/2021	11/16/2021	11/17/2021	11/18/2021	11/19/2021	11/20/2021	11/21/2021
Meatloaf w/ Gravy Mashed Potatoes Seasoned Green Beans Fresh Orange	Crumb Baked Salmon Brown & Wild Rice Glazed Carrots Buttered Peas Fresh Apple	Hoppin John Asparagus Diced Carrots Banana	Salisbury Steak w/ Gravy Baked Potato Buttered Peas Whole Grain Roll Raisins	Roast Pork w/ Gravy Sweet Potatoes Seasoned Green Beans Whole Grain Roll Banana	Sweet & Sour Chicken Brown Rice Oriental Blend Broccoli Applesauce Cup	Scrambled Egg Casserole Asparagus Potatoes Obrien Fruit Juice
11/22/2021	11/23/2021	11/24/2021	11/25/2021	11/26/2021	11/27/2021	11/28/2021
Beef Tips w/ Gravy Egg Noodles Broccoli Glazed Carrots Fresh Apple	Spaghetti w/ Meat Sauce Cauliflower Buttered Peas Orange	Vegetarian Chili Blackbeans & Rice Buttered Peas Banana	Sliced Turkey w/ Gravy Mashed Potatoes Asparagus Thanksgiving Treat Applesauce Cup	Smothered Pork Cutlet Stuffing Baked Potato Broccoli Orange	Italian Marinade Chicken Brown & Wild Rice Buttered Carrots California Blend Fruit Juice	Cheese Omelet Turkey Sausage Red Potatoes Graham Crackers Spiced Peaches
11/29/2021	11/30/2021	 <h1>November</h1> 				
Macaroni & Cheese Cauliflower Black Beans & Corn Salad Fresh Orange	Hamburger Corn Broccoli Fresh Apple					



Hearty Meals
616-459-3111

All meals served with milk

