

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		12/1/2021	12/2/2021	12/3/2021	12/4/2021	12/5/2021
		Bourbon Chicken Brown Rice Diced Carrots Buttered Peas Banana	BBQ Chicken Thigh Brown Rice Sauteed Spinach Mixed Vegetables Applesauce Cup	Ginger Soy Flounder Brown Rice Pilaf Buttered Peas Oriental Blend Banana	Beef Chili Baked Potato Broccoli Raisins	Pancakes Turkey Sausage Red Potatoes Fruit Juice
12/6/2021	12/7/2021	12/8/2021	12/9/2021	12/10/2021	12/11/2021	12/12/2021
Grilled Chicken Breast Brown & Wild Rice Roasted Red Potatoes Italian Blend Fresh Orange	Sloppy Jo's Baked Potato Mixed Vegetables Fresh Apple	Roast Pork w/ Gravy Sweet Potatoes Seasoned Green Beans Whole Grain Roll Banana	Swiss Steak w/ Gravy Mashed Red Potatoes Seasoned Brussel Sprouts Dinner Roll Applesauce Cup	Oven Roasted Chicken Sweet Potatoes Sauteed Spinach Dinner Roll Banana	Goulash Diced Carrots Broccoli Dinner Roll Applesauce Cup	Cheese Omelet Turkey Sausage Red Potatoes Graham Crackers Spiced Peaches Fruit Juice
12/13/2021	12/14/2021	12/15/2021	12/16/2021	12/17/2021	12/18/2021	12/19/2021
Sliced Turkey w/ Gravy Mashed Potatoes Seasoned Brussel Sprouts Fresh Orange	Chicken Cordon Bleu Red Mashed Potatoes Buttered Carrots Fresh Apple	Homemade Beef Burrito Fiesta Corn Broccoli Banana	Tilapia Brown & Wild Rice Roasted Red Potatoes Seasoned Green Beans Raisins	Beef Pepper Steak w/ Gravy Baked Potato Mixed Vegetables Banana	Southwest Chicken & Rice Casserole Fiesta Corn Broccoli Applesauce Cup	Spinach, Egg & Cheese Bake Roasted Pepper Striops Spiced Applesauce Fruit Juice
12/20/2021	12/21/2021	12/22/2021	12/23/2021	12/24/2021	12/25/2021	12/26/2021
Meatloaf w/ Gravy Mashed Potatoes Seasoned Green Beans Fresh Orange	Crumb Baked Salmon Brown & Wild Rice Glazed Carrots Buttered Peas Fresh Apple 	Sweet & Sour Chicken Brown Rice Oriental Blend Broccoli Banana	Salisbury Steak w/ Gravy Baked Potato Buttered Peas Whole Grain Roll Raisins	Turkey Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Banana 	Ham w/ Glaze Cheesy Potatoes Cali-blend Veggies Hawaiian Roll Christmas Treat Applesauce Cup 	Pancakes Turkey Sausage Patty Red Potatoes Canned Cherries Fruit Juice
12/27/2021	12/28/2021	12/29/2021	12/30/2021	12/31/2021		
Beef Tips w/ Gravy Egg Noodles Broccoli Glazed Carrots Fresh Apple	Vegetarian Chili Blackbeans & Rice Buttered Peas Orange	Chicken Ramen Bowl Oriental Blend Corn Banana	Spaghetti w/ Meat Sauce Cauliflower Buttered Peas Applesauce Cup	Smothered Pork Cutlet Stuffing Baked Potato Broccoli Banana 		



**Hearty Meals**  
616-459-3111

**All meals served with milk**

