

# Most **NEEDED** **ITEMS**

**PLEASE DONATE UNOPENED CANNED  
& NON-PERISHABLE ITEMS ONLY.**

## **FOOD ITEMS:**

- Canned Vegetables (low sodium) & Canned Meats
- Spaghetti Sauce
- Pasta
- Peanut Butter
- Pinto Beans
- Spices
- Vegetable Oil
- Rice
- Canned Fruit
- Cereal

## **PERSONAL CARE ITEMS:**

- Full or Travel Size
  - Shampoo
  - Conditioner
  - Body Soap
  - Toothpaste
  - Toothbrushes
- Hand or Body Lotion
- Toilet Paper & Paper Towels
- Laundry Detergent/Dish Soap

## **DROP OFF LOCATIONS**

MEALS ON WHEELS WESTERN MICHIGAN  
2900 WILSON AVE. SW SUITE 500  
GRANDVILLE, MI 49418  
CONTACT NUMBER: 616-459-3111

MOWWM SENIOR PANTRY  
1954 FULLER, SUITE B  
GRAND RAPIDS, MI 49505  
CONTACT NUMBER: 616-459-3111

This list showcases our MOST needed items.

**For more information contact us at:**

**[www.mealsonwheelswesternmichigan.org](http://www.mealsonwheelswesternmichigan.org) or call (616)459-3111**

