



FY
2023
ISSUE

GRATITUDE REPORT

LEADERSHIP UPDATE



DEAR FRIENDS,

As President and CEO of Meals on Wheels Western Michigan, I am honored to present to you our fiscal year 2023 Gratitude Report. This past year has been a testament of our collective impact on tackling food insecurity and enhancing the lives of seniors in our community. In the following pages, you will find a snapshot of our achievements and challenges that YOU were a part of.

Our driving force is our unwavering support from volunteers, staff and generous donors; our MOWWM community. Over the past 39 years, we have demonstrated resilience and adaptability, ensuring that together, we can deliver.

This year, as we celebrate our 40th anniversary, we want to continue to celebrate YOU and your impact. We will look back and honor our past and where we have come from and look forward to where we can go. We have many exciting things to come in our future and with your continued partnership we will continue to work towards our vision no senior hungry or forgotten.

I extend my deepest gratitude to each of you who have contributed to our mission. Your generosity of time, talent and treasure have been instrumental and together with YOU, we will continue to make a positive impact, one meal at a time.

Thank you for being an essential piece.

Lisa Wideman | President and CEO

HI THERE,

It is with great pleasure and appreciation that I join our CEO in presenting Meals on Wheels Western Michigan's Gratitude Report. As the Board President, I am proud to stand alongside our dedicated team, volunteers and donors who have made such critical impacts on our mission.

Our success is a testament to the commitment and generosity of our community. Because of YOU, our community, we were able to provide more than a meal to over 6,000 seniors in Kent and Allegan County.

As we navigate the road ahead, our Board of Directors remains steadfast in our dedication to effective governance and strategic direction. Together, with Lisa and the entire MOWWM team, we are committed to a vision where no senior is hungry or forgotten, and everyone experiences the warmth of a caring community.

Thank you for your continued support. With your partnership, we look forward to another year of providing quality nutrition services that promote the health and independence of older adults.

In Gratitude,

Shannon Heads | Board Chair



**THE BEST WAY TO FIND YOURSELF IS
TO LOSE YOURSELF IN THE SERVICE
OF OTHERS.
- MAHATMA GHANDI**

72% OF SENIORS REPORT
THAT OUR MEALS HELP
THEM STAY IN
THEIR HOMES



FY 2023 IMPACT

OCT. 1 2022 - SEPT. 30 2023

TOGETHER, WE SERVED 6,214 SENIORS
IN KENT AND ALLEGAN COUNTIES



22,258

Volunteer hours



1,088

Volunteers

DELIVERING MORE THAN JUST MEALS



8

Emergency
Assists



717

Senior
Veterans



4,646

Live at or
Below Poverty



268

Well Being
Calls



3,173

Seniors Living
Alone

BECAUSE OF YOUR SUPPORT AND COMPASSION, NO CALL FROM A HUNGRY
SENIOR WENT UNANSWERED.

\$707,804 OF VOLUNTEER TIME DONATED

According to Independent Sector



MEALS on WHEELS
WESTERN MICHIGAN

Thank you for helping us
create a community where no
senior is hungry or forgotten.



HUNGER HEROES

OUR MOST DEDICATED VOLUNTEERS, INDIVIDUALS AND ORGANIZATIONS THAT SERVED 100 HOURS AND MORE

Gary Berkenpas	Duane Elders	Sue DeHaan
Maureen Latimer	Amelia Adkins	Cynthia Rhodes
Deb Smith	Mary Witucki	Wayne Kinzie
Tim Smith	Richard Bandstra	Camille Bodziak
Marjorie Coykendall	Kimberly Mueller	Barbara Smalley
Ready for Life	Dan Markle	Paul Georgacakes
MOKA	Doug Mulder	Michael Cypher
Ken DeGood	Ed Nol	Deborah Cypher
John Stubbs	Sandra Hoonhorst	Janine Burns
Michael Munch	Ann Usakowski	James Dehlinger
Gordon Smith	Diana Ruel	Sherry Shiplett
Sarah Peterson	Jeff Jenks	Susan Kwiatkowski
Candyce Peterson	Walter Spielberger	Mary Knaut
Robert Gilman	Dennis Klein	Andy Knaut
Martha Dove	Michael Dodge	Laurie Gole
Ken Harris	Paul Purwin	Jennifer Dougherty
Chris Schwallier	Nancy Russell	Phil Dougherty
	Jessie Cutter	

HOME DELIVERED MEALS

A photograph showing two men in a kitchen setting, both wearing white hairnets and dark aprons. They are focused on preparing food in black trays. The man on the left is using a metal scoop, while the man on the right is using his hands. The background shows shelves with stacks of trays and a red tablecloth.

595,483

Nutritionally balanced and tasty meals were delivered to hungry seniors

2,916

Seniors received Home Delivered Meals

74%

Of our seniors eat more fruits and vegetables now than they did before

HOME DELIVERED MEALS



27%

Of seniors' report their only visitor throughout the week is their delivery driver

72%

Of seniors say the meals they receive help them stay in their homes

85%

Of seniors say they're satisfied with their meals

SENIOR PANTRY



1,905

Seniors filled their home pantry

1,233,250

Pounds of food items were distributed through the Senior Pantry Program

421

Senior Project Fresh coupon books distributed for fresh produce from local farmers

COMMUNITY DINING SITES



109,218

Meals served

1,585

Seniors served

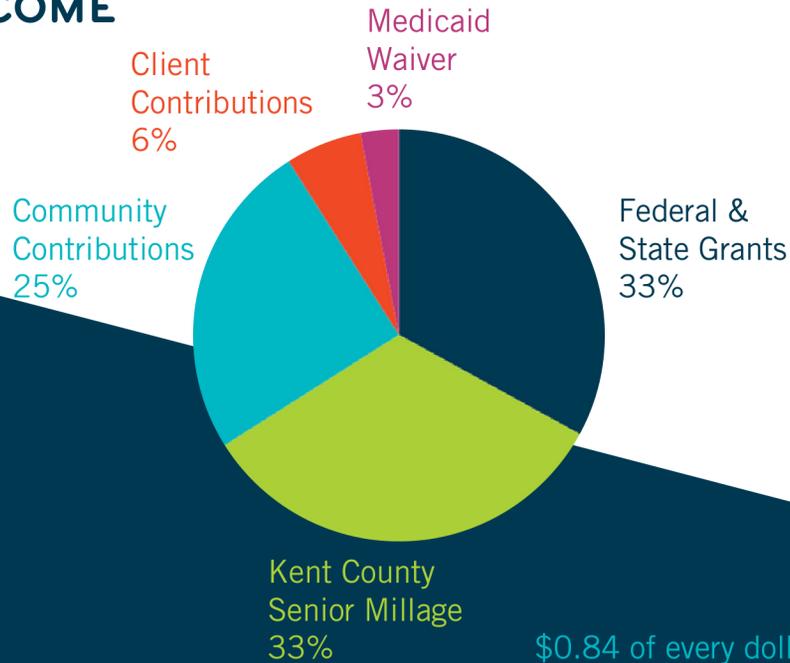
80%

Of seniors reported
health improvements
since joining Meals on
Wheels

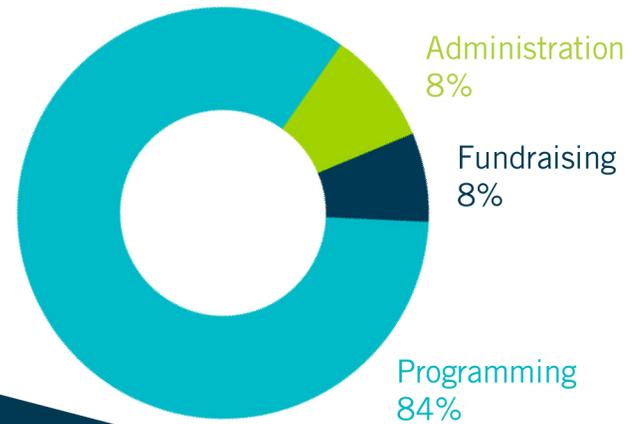
FY 2023 FINANCIALS

OCT. 1 2022 - SEPT. 30 2023

INCOME



EXPENSES



\$0.84 of every dollar goes right back to local seniors

FY 2023 ASSETS

Cash and Other Assets	\$4,064,558
Grand Rapids Community Foundations	\$69,315
Deferred Compensation Investment	\$87,493
Right-Of-Use Assets	\$521,695
Property and Equipment	\$2,745,915
Total	\$7,488,976

FY 2023 NET ASSETS

Total Income	\$9,266,850
Program Expenses	\$6,731,607
Development Expenses	\$628,686
Admin Expenses	\$635,377
Total Expenses	\$7,995,670
End of Year Net Assets	\$5,609,428

2023 SPONSORS & SUPPORTERS

COMMUNITY PARTNERS

Crossroads Eldercare Fusion IT
Meijer The Law Offices of
Oliver Packaging & David Carrier, P.C.
Equipment

MARCH FOR MEALS COMMUNITY WALK & 5K SPONSORS

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Brio Living Members First
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Doyle & Odgen MSU Federal
Insurance Credit Union
Fusion IT PrideStaff
Grand River Bank The Law Offices of
David Carrier P.C.

MORE THAN A MEAL LUNCHEON SPONSORS

Care Resources Grand River Bank Oliver Packaging
Doyle & Odgen Gun Lake Casino & Equipment
Insurance LMCU Sun Valley Foods
Fifth Third Bank Meijer The Law Offices of
Fusion IT Mercantile Bank David Carrier P.C.

CHEF'S SPECIALTY SPONSORS

AHC Hospitality	Experience Grand Rapids	HAP	Progressive AE
Ancor	Fifth Third Bank	LMCU	Rockford Construction
BAMF Health	Fox Honda	Meg Goebel	Steve & Any Van Andel Family Foundation
Corewell Health	Fox Motors	Meijer	The Law Offices of David Carrier P.C.
David and Carol Van Andel Family	Fusion IT	Mercantile Bank	Warner Norcross + Judd LLP
Dick and Betsy Devos Foundation	Grand River Bank	Mika Meyers PLC	
Doyle & Ogden Insurance	Green Frog Photo	Oliver Packaging & Equipment	
	Hands of Hope Foundation	Pepsi Beverages Company	



GET INVOLVED

YOUR SUPPORT MAKES IT POSSIBLE THAT NO SENIOR IS HUNGRY OR FORGOTTEN.
MAKE A DONATION TODAY.



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Meals on Wheels Western Michigan is supported by:



Kent County
Senior Millage

