# MORE THAN A MEAL MENU

More Than a Meal is a trademark of Meals on Wheels America.

SANDWICHES/WRAPS INCLUDES CHIPS, COOKIE, PICKLE AND CONDIMENTS

SALADS INCLUDES DRESSING, CHIPS AND COOKIE

## SANDWICHES

# \$12.95

#### WHEELIE GOOD TURKEY

Thinly sliced turkey, white cheddar cheese with spring mix and tomato on multigrain bread.

#### THE SENIOR

Savory smoked ham, white cheddar cheese with a mix of lettuces and tomato on multigrain bread.

#### NO MEAT LEFT BEHIND

Turkey, ham, bacon, white cheddar cheese with spring mix and tomato on a Kaiser roll.

# SALADS

\$10.95

## SOUTHWEST SALAD

A bed of mixed green lettuces, black beans, corn, onion, grape tomatoes, and cheddar cheese with a spicy ranch dressing.

## BALSAMIC SALAD

A bed of mixed green lettuces, cucumber, grape tomatoes, and parmesan cheese with a balsamic dressing.

#### FRESH GARDEN SALAD

A bed of spring mix, cucumber, grape tomatoes, and edamame with a balsamic dressing.

Add grilled chicken breast to any salad for only \$3.00.

# DESSERT

#### DOZEN HOMEMADE COOKIES

\$10.00

Delicious homemade chocolate chip cookies.

PLEASE MENTION DIETARY RESTRICTION WHEN ORDERING. ADDITIONAL CHARGES MAY APPLY.

# WRAPS

## CHICKEN CAESAR

A delightful combination of chicken breast, crisp romaine lettuce, and parmesan cheese with a tangy Caesar dressing in a spinach and herb wrap.

\$12.95

#### THE VOLUNTUNA

Fresh homemade tuna salad with spring mix and tomato in a spinach and herb wrap.

## NO MEAT FOR ME PLEASE

Fresh spring mix, red onion, cucumber, tomato, and avocado in a spinach and herb wrap.

# HOW TO ORDER

For large orders, inquire for additional menu options. Please call 616-459-3111 ext.825 for details.

## Minimum order of 10 meals required.



Visit www.mealsonwheelswestern michigan.org/lunch-with-a-mission/boxedlunch-order-form/

# DELIVERY INFO

\$10-15 delivery dependent on location and order size.